Counsellor

Hi, my name’s Karina and I’m the student counsellor.

What does a counsellor do?

A counsellor is someone you can talk to about personal problems. Sometimes your friends can help you, but sometimes it’s good to talk to a counsellor. A counsellor keeps your problems a secret – she doesn’t tell anyone else.

What sorts of problems?

You’re feeling homesick, sad or lonely.
You’re feeling stressed about work, study, money, accommodation, everything...

You’ve got health problems but you don’t know who to see or where to go.

You’ve got problems with your boyfriend/girlfriend/husband/wife.

You’ve got a big decision to make.

You’ve got a problem with drugs or drinking too much.
When?
I am available by appointment on Tuesdays and Fridays.

Where?
- If you’re a student at APTT ask Sub at Reception to make an appointment for you.
- If you prefer, you can email: If you prefer, you can email me at kalouisa@apc.edu.au

Have a nice day

International students with Overseas Student Health Cover can get emergency help by contacting

Medibank

Tel: 1800 234 601
and quoting your Medibank number